

NHS Health Checks Survey

The [NHS Health Check](#) is a free check-up that can tell you whether you're at higher risk of getting certain health problems, such as:

- heart disease
- diabetes
- kidney disease
- stroke

If you're over 65, you will also be told the signs and symptoms of dementia to look out for.

If you're aged 40-74 and you haven't had a stroke, or you don't already have heart disease, diabetes or kidney disease, you should have an NHS Health Check every five years.

However in Blackpool not many people take up the opportunity to have this very important health check and we would like to know why.

Please take this online survey to help us understand the reason people do or do not have their NHS Health check.

You can also return printed copies of the survey to:

Communications Team,
NHS Blackpool CCG,
Blackpool Stadium,
Seasiders Way,
Blackpool,
FY1 6JX.

1. Are you a registered patient in Blackpool?
 Yes
 No (end survey)
2. Are you aged between 40 and 74?
 Yes
 No (end survey)
3. Have you received an invitation to attend an NHS Health Check
 Yes
 No
 Not sure
4. Did you understand why you were being invited for the health check?
 Yes
 Not fully
 No
5. What did you think the health check would involve?
6. Did you have the NHS health check?
 Yes (go to Q 9)
 No (go to Q 7)

7. What was the reason for not having the health check? (tick all that apply)

- I don't have time
- I didn't think it was important
- They seem like a waste of NHS time
- I'll go when I'm older and I'm more at risk
- I only go to the GP when I'm ill and I feel fine
- I don't like seeing my GP
- I was afraid they would find something serious
- I'm not taking time off work for a check up
- The appointments were not convenient for me
- Other (please specify)

8. What would have encouraged you to take the health check

- (Text box)

9. Why did you have the health check? (tick all that apply)

- I want to be sure nothing is wrong
- I am very health conscious and I take every opportunity to check my health
- I thought it was compulsory
- I was feeling slightly unwell so wanted to check it out
- I know someone who has been and said it was very good
- If my GP recommends I do something I will do it
- Other (please specify)

Equality Monitoring Section

Under the provisions of the Equality Act 2010, all NHS organisations are required to demonstrate that their processes are fair and that they are not discriminating against or disadvantaging anyone because of their age, disability, gender reassignment status, marriage or civil partnership status, pregnancy or maternity, race, religion or belief, sex or sexual orientation. The following information is requested only for monitoring purposes to assist the organisation in ensuring that they are complying with the Equality Act 2010.

10. Your age

- 35-44
- 45-54
- 55-64
- 65-74
- 75-84
- 85 or over
- Prefer not to say

11. How would you describe your gender?

- Male
- Female
- Prefer not to say

12. Is this the same gender you were given at birth?

- Yes
- No
- Prefer not to say

13. What best describes your marital situation?

- Married

- Civil partnership
- Single
- Prefer not to say

14. Please choose the category that best describes your level of disability

- No disability
- Learning disability
- Wheelchair user
- Visual impairment
- Hearing impairment
- Physical impairment
- Mental health
- Multiple impairments
- Prefer not to say

15. Which of the following options best describes your sexual orientation?

- Bisexual
- Gay man
- Gay woman or lesbian
- Heterosexual or straight
- Prefer not to say
- Other (comment box)

16. What is your religion/belief?

- Christian
- Jewish
- Hindu
- Muslim
- Sikh
- Buddhist
- No religion/belief
- Prefer not to say
- Other (comment box)

17. Which of the following options best describes your ethnicity?

- White British, English, Northern Irish, Scottish or Welsh
- White Irish
- East European
- Gypsy/Roma/Traveller
- White other
- Mixed White/Black African
- Mixed White/Black Caribbean
- Mixed White/Asian
- Mixed other
- Asian or Asian British – Indian
- Asian or Asian British – Pakistani
- Asian or Asian British – Bangladeshi
- Asian or Asian British – other
- Black or Black British – Caribbean
- Black or Black British – African
- Black or Black British – other
- Chinese
- Any other ethnic group



Prefer not to say